

## FNB Durban 10K CITYSURFRUN

### RACE RULES

1. The FNB Durban 10K CITYSURFRUN is run and organized in accordance with the rules of World Athletics (WA), Athletics South Africa (ASA) and Kwa-Zulu Natal Athletics (KZNA).
2. Foreign athletes must comply with WA rule 4.2, ASA rules 7, 9 and all relevant race and domestic rules. Foreign Runners entry will include a 'foreign temporary license' as required under the rules.
3. The FNB RUN YOUR CITY SERIES is open to all ASA licensed and non-licensed runners.
  - **Licensed Club runners:**
    - One race number will be issued. Licensed entrants must wear their ASA licence number on the front and back of their vest. The official race number must be worn on the front of the entrant's race vest, partially covering the ASA licence number.
    - Please refer to the diagram below for further details.
  - **Temporary Licence:**
    - One race number will be issued which must be worn on the front of the vest. The temporary license must be worn on the back of the vest.
    - Temporary licenses are available at R40.
    - Please refer to the diagram below for further details.
  - **Contender, Provincial Selected Athletes and Elite Athletes:**
    - Two race numbers will be issued to Contenders, Provincial Selected Athletes and Elite Athletes, and therefore they do not need to display licence numbers as they have Special Number Bib status.

#### Race Number Positioning:

##### Licensed Club Runners:



**Race Number Positioning:  
Temporary licensed Runners:**



**4. Age Category Tags**

1. Age category will be provided on all Contender race numbers, front and back, and it is the runner's responsibility to ensure the correct age category is reflected on the number at the time of collection at the registration area.
2. Juniors wearing a senior or junior licence, are eligible for age category awards provided that they:
  - display category tags "J", to qualify for age category prizes,
  - participate as a Contender and start in the A batch,
  - are born in 2001 or later.
3. Temporary licensed entrants are eligible for age category prizes provided that they:
  - apply to participate as a Contender through the entries process,
  - participate in the relevant age category,
  - wear the appropriate age tags and provide proof of identification.
5. Minimum age for participation is 14 years of age on the day of the race.
6. Wheelchair entrants are encouraged to take part. Once entered, they are requested to contact [entries@durban10k.com](mailto:entries@durban10k.com) to secure race day access.
7. The Event Organiser reserves the right to accept or reject any entry.
8. TOG BAGS: There will be a tog bag facility for use at the runner's own risk.
  - Cellphones, money and jewellery should not be left in tog bags.
  - If there is no tag attached to your tog bag, it will not be accepted.
  - Your tog bag tag will be included as a perforated strip at the bottom of your race number.
  - Tog bags will be transported from the Start to the Finish.
9. Toilets will be available at the start and the finish of the event, as well as, on the route at each water station and major entertainment point.
10. All traffic officers, marshals and race officials must be obeyed.

11. Refreshments stations will be provided at the 3.7km, 7.5km and finish line.
12. Runners may participate with Baby Joggers/Prams but may not take part as Contenders. Runners accept that they are responsible for ensuring they are not involved in any collision or disruption to other runners.
13. Personal seconding is not permitted. Private vehicles are not to follow the athletes on the route, this can result in the disqualification of the entrant.
14. No bicycles are allowed on the route, apart from the lead cyclists and officials.
15. The use of music players with headphones is not allowed and will result in disqualification.
16. No ambush marketing is allowed.
17. Do not litter. ASA Rule 28 applies. #RunClean.
  - Dispose of sachets and cups responsibly by using the boxes provided or carrying them to the finish.
  - Report offenders to the referees.
18. All entrants must cross all timing points on the route to qualify for an official result.
19. A Podium Presentation of the top 3 male and female finishers will take place immediately after the results have been signed off at the Finish area. Prize giving for all Age Categories will be held at 10h30 at the Prize Giving stage.
20. Results for all participants will be available on [www.durban10k.com](http://www.durban10k.com).
  - The results of the Contenders will be posted at 09h15 in the TIC (Technical Information Centre).
  - Any objections must be made to the Official at the TIC within 30 minutes of the posting time as covered under World Athletics Rule 146.2.
21. The cut-off time to finish the race is 11h30.
22. All finishers within the cut-off time, will receive a medal.
23. All finishers will be given both Start Gun to Finish times, and Mat to Mat times.
  - Only Start Gun to Finish times will be used for determining prize awards.
  - ONLY Contenders, who start 2 minutes before the mass, are eligible for awards.
  - Runners who have the necessary performance to qualify for Contender status should ensure they applied for that status.
24. It is understood that by entering the event, the participant's name and contact details will be added to the Event Organisers communication database to receive future communication about other events.

### **Contender Programme**

1. All Entrants who want to qualify for prize money, must apply and meet the stated criteria (see table below), and be accepted into the Contender category.
2. It is the responsibility of the entrant to apply for this seeding through the entries process via the website.
3. There are no additional charges for being a contender. Any person who meets the necessary criteria to be a Contender, but fails to apply during the entry process, is automatically deemed to have accepted that they will not be eligible for any prize money.
4. Athletes must submit a proof of performance better or equal to the relevant one in the table below.

MEN	AGE GROUP	WOMEN
31:00 – 10km	OPEN	37:30 – 10km
36:00 – 10km	JUNIOR	49:00 – 10km
36:00 – 10km	40-49	43:30 – 10km
37:30 – 10km	50-59	44:00 – 10km
45:00 – 10km	60-69	52:30 – 10km
1:02:30 – 10km	70+	1:15:00 – 10km

- Senior and Master athletes age is taken on the date of the event.
  - Juniors are defined as athletes 14 years or older on the date of the race, and under the age of 20 at 31 December 2020. i.e. born in 2001 or later.
  - In addition to Overall (Open) prizes, runners will only be eligible for age category prizes in the age category they enter.
  - Corresponding numerical age category tags must be worn on the front and back of their vest.
  - Runners may enter the age category corresponding to their chronological age or any younger category down to senior.
5. Applications for the Contender seeding will close on 21 June (4 weeks prior to the event).
  6. Submission of this application does not guarantee acceptance. An application that is missing any data will automatically be rejected.
  7. **NO LATE** Applications are accepted.
  8. Provincial selected athletes in all age categories for the SA 10km Championship will automatically be part of the Contender Batch (Batch A).
  9. The full list of accepted Contenders will be published on the website 13 days prior to race day. Anyone wishing to protest, (World Athletics rule 146.1) on the details or status of an athlete listed in the Contenders, must do so, in writing to the Race Office a minimum of 7 days prior to race day. Any protest outcome will be replied to by no later than 3 days prior to the race.
  10. All applicants will be notified by 29 June (3 weeks prior to the event).
  11. All Contenders will need to verify their IDs/Passports and licence numbers between 10h00 and 11h00, on Saturday 11 July, at the Race Hotel, to collect their race packs.
  12. It is mandatory for all Contenders to attend the Technical Briefing meeting on Saturday, 11 July at 11h00 at the Race Hotel.
  13. Provincial Team Managers must collect their team race numbers from the Technical Meeting.
  14. All Athlete Representatives (AR) must comply with World Athletics Rule 7 and ASA Rule 12. Should the AR not comply with these rules, the Event Organisers reserve the right to report the AR to World Athletics and ASA.
  15. This is an International event and as such there are restrictions on advertising on clothing for all Contenders. It is important that Contenders adhere to these rules as covered in the World Athletics Advertising regulations and ASA rule 24.
  16. Contenders will be checked at the start and any athlete not in compliance will not be allowed to start in the Contender batch and will be downgraded to Batch B and therefore no longer be considered a Contender or eligible for prize money.
  17. All Foreign athletes will sign a waiver as required by ASA Rules 2020 and must abide by World Athletics Rules for international competition.

## Prize Money

1. Please note that all prize money winnings are subject to South African Tax Law and anti-doping results and can take up to 3 months to process.
  - a. Athletes accepted as Contenders who fail to attend the Contender Technical Meeting without apology or good reason will be docked 10% of their prize money.
  - b. Athletes who win an award and fail to be present for prize giving for any reason other than doping control or medical will be docked 10% of their prize money.

## South African Athletes

1. Prize money to South African Athletes will be paid 30 days after the event, provided that:
  - a. the result is not subject to the outcome of any anti-doping testing
  - b. the following information has been emailed through to [entries@durban10k.com](mailto:entries@durban10k.com)
    - copy of SA ID book
    - SARS tax number
    - proof of bank details (from bank)
    - completed prize money form (received at prize giving ceremony)
2. South African Athlete prize money will not be paid until ALL the required documentation has been submitted.

## International Athletes

1. Prize money to International Athletes will be paid 30 days after the event, provided that:
  - a. the result is not subject to the outcome of any anti-doping testing
  - b. the following information has been emailed through to [entries@durban10k.com](mailto:entries@durban10k.com)
    - copy of passport
    - proof of address (e.g. clothing account, municipal bill)
    - proof of bank details
    - completed prize money form (received at prize giving ceremony)
2. International Athlete prize money will not be paid until ALL the required documentation has been submitted.
3. If an athlete is with an Agency, then the Agency must invoice the Event Organizers no later than one week after the event.

## Payments:

1. The Event Organisers will only make International payments via the PayPal platform, therefore it is compulsory for all agencies to have a registered PayPal account.
2. If an athlete is not managed by an Agency, he/she must also have a registered PayPal account in order to be paid. If an athlete is not able to register a PayPal account, their payment will be subject to a delay.

For any questions, please contact [entries@thecapetown12.com](mailto:entries@thecapetown12.com)