



Absa RUN YOUR CITY SERIES – 2022 Event Information

1. Absa RUN YOUR CITY CAPE TOWN 10K

- Date: Sunday, 15 May 2022
- Start Venue: Woodbridge Island, Milnerton
- Finish Venue: Lower Long Street opposite Cullinan Lawns
- Distance: 10K
- Start Time: 09h00
- Route: A fast and flat course
- Entrants: 10 000
- Weather: Mild temperature and less windy – average temperature of 22° / 13°

2. Absa RUN YOUR CITY DURBAN 10K

- Date: Sunday, 10 July 2022
- Start Venue: Snell Parade
- Finish Venue: Durban Beach Front Precinct
- Distance: 10K
- Start Time: 08h00 (Tbc)
- Route: A very fast and flat surface
- Entrants: 10 000
- Weather: A moderately warm and dry month – average temperature of 24° / 11°

3. Absa RUN YOUR CITY JOBURG 10K

- Date: Saturday, 24 September 2022
- Start Venue: Tbc
- Finish Venue: Mary Fitzgerald Square (Tbc)
- Distance: 10K
- Start Time: 08h00 (Tbc)
- Route: A hilly course & an altitude of 1600m
- Entrants: 15 000
- Weather: Morning temperatures are generally cooler, and afternoon can be fairly hot – average temperature of 24° / 8°